

Magazine of the Churches in the Sole Bay Team

HEART & SOLE

FREE

April
2024

www.solebayteamministry.co.uk



Deuteronomy 32:2 Let my teaching fall like rain and my words descend like dew, like showers on new grass. like abundant rain on

Includes children's
pages
(centre)



Rev Judy and Alan Miller putting up bird boxes in St Andrew's churchyard, Walberswick



"Thanks to Rosedale, I now feel closure and a sense of peace, after all the upheaval of recent weeks."

– from a family we have cared for at Rosedale



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www.rosedalefuneralhome.co.uk

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

Lorraine Stephenson and her daughter Amanda with their Mothering Sunday flowers at St Edmund's



Mothers' Day Posy Making at St Edmund's Church



MAGAZINE LETTER

“Christ is Risen!” “He is Risen indeed!”

You will be reading this perhaps a couple of days before or after Easter. Easter is very early this year. I remember one Easter struggling up steep hills in North Essex, (they are not known as the Essex Highlands for nothing!), in the snow trying to get to the next village to take the Easter Service. On arrival, the church bells were being rung heartily and near the entrance to the church was a large wooden Cross adorned with dozens of glowing yellow daffodils. It was a wonderful symbol of resurrection life in the deep snow. In that tiny village church over a hundred people were ready to praise and worship Christ our Risen Redeemer. Such joy!



I read somewhere very recently, though I cannot find where now, that in the Soviet days in Russia, on Easter day there was a packed hall of people listening to an ardently atheistic speaker outlining why belief in God was unnecessary. He went on and on and on. After his speech a priest got up and said one sentence to the people gathered there: “Christ is Risen”, and back came a resounding “He is Risen indeed!” The people knew from their own lived experience that Jesus Christ has broken all constraints of time and place by being present with us everywhere, anywhere, and at all times.

The Easter season, like Christmas, does not last just for one glorious day of consuming Easter eggs, the donning of Easter bonnets (do people still do this anywhere?) and rolling decorated hard-boiled eggs down any convenient slope. It lasts until Pentecost: 50 days later. In fact you could argue that every Sunday is a mini Easter when we come together to worship our Risen Lord and to share his Risen body and blood in the Eucharist. Then being sent out, we the Church, are to continue his work of love and forgiveness, caring for others standing up against injustice.

“Christ is Risen!” “He is Risen indeed!”

Margaret H King



Struggling with Debt?

With so many pressures on our finances, they can so easily get out of hand and then the 'phone starts ringing and the doorbell goes - everybody wants what is owed to them and there's nothing left to give! So we borrow and that helps for a little while - until we then have to pay the loans back and the spiral begins again.

Where to get help?

How to break out of this relentless spiral of debt?

Suffolk Coastal Debt Centre, based at Saxmundham, covers a vast area of East Suffolk and is part of a national network of CAP Debt Centres designed to help people out of debt.

Not only is the service free but it is for everyone, regardless of their background.

If you call the number, you will be able to chat with an advisor and then, if appropriate, you will be contacted by a local debt advisor who, working with the national CAP team, will help you to find a plan to rid yourself of debt and offer you a new start.

CALL FREE: 0800 328 0006 or go to capdebthelp.org



If you seem to be having trouble with your drinking or if your drinking has reached the point of where it worries you, you may be interested in knowing something about Alcoholics Anonymous and the AA programme of recovery from alcoholism

You can call our national hotline free on **0800 9177 650** and talk to a member of AA, or contact us by email on **help@aamail.org**

Alternatively, there is a local helpline on 01473 212 224 (24 hours)

We also hold regular meetings in nearby towns – call **01603 621 128** for details

TEAM NEWS

What is Eco Church?

Eco Church is a UK, denomination-wide, charitable initiative, providing a framework and inspiration for congregations taking positive, practical action in caring for our environment as a faith response to climate change. It is an approach encouraged and used in our Diocese. As individual congregations within the Sole Bay Team, we can use their questionnaire to look at our buildings, churchyard, and any land each church has responsibility for, as well as our own lifestyles, to see where changes could and should be made.



The questionnaire looks at five areas:

Worship & Teaching (what are we hearing & saying)

Buildings (i.e. our churches, vicarage and church hall)

Land (e.g. our churchyards)

Community & Global Engagement (how we talk about this & look outwards to act)

Our lifestyle (looking at us and how we respond)

Over time, awards can be achieved at bronze, silver or gold level, depending on what actions can practicably be taken, but at all levels it provides opportunities for creative conversations and engagement with members of the congregation, our community and occasional visitors alike.

Joining together in this manner can be part of our witness as Christians informing our care for the environment and concern about the impact changing climate locally and abroad.

Together we can demonstrate that the Gospel is good news for God's earth.

Getting started: We have discussed Eco Church at Team Council and there was consensus to explore it further within the team. Rev Philip Tarris and I attend the Deanery Churches Environmental Network where we share good practice and pool ideas to move forward as a Deanery/Diocese.

Following conversations at their PCC in August, I've been working with St Andrew's Walberswick; our Eco Church journey has begun with confirmation that we have met the bronze level award criteria; Philip is working with a small group within St Edmund's PCC who are close on their heels!

TEAM NEWS *(continued)*

If any other PCC's within the Sole Bay Team would like more information, and an informal discussion or presentation at your PCC please get in touch with me Rev Judy Miller by email to arrange: judym61@btinternet.com

More info available online: <https://arocha.org.uk/what-we-do/eco-church/>

Revd Judy Miller



HOLY TRINITY CHURCH
BLYTHBURGH
MONDAY, APRIL 22, 2024, 1 PM

Virtute et valor

*Stories and music from
the ancient kings of Bohemia*

*Prepared by Jana Konvalinkova
and Christopher Muffett*

THE BOHEMIAN CHOIR

PARISH NEWS

HOLY TRINITY BLYTHBURGH
CHURCH LANE, IP19 9PL



Czech Choir returns

We're pleased to welcome back the Bohemian Choir from the university of Liberec in the Czech Republic, who are regular visitors to these parts. They'll be performing stories and music from the ancient kings of Bohemia in Holy Trinity at **1.00pm on Monday 22 April**.

Coffee & Cake

The ever-popular Blythburgh café and minimarket – the village hub – is back in full swing on Friday 26 April: 10.30-12.00.

Looking ahead

We're holding our **Annual Parochial Church Meeting on Tuesday 21 May at 7.00pm** in the church.

On **Saturday 25 May at 7.30pm**, enjoy an evening of uplifting choral music entitled 'Where'er You Walk' with Voxcetera Chamber Choir. The concert will open with a celebration of sacred music spanning 400 years. The second half features secular songs on a theme of journeys and travel, including arrangements of folk and pop as well as the beautifully haunting "The Long Road" by Latvian composer Ēriks Ešņvalds.

Book tickets at www.voxcetera.co.uk

We're holding our **Friends of Holy Trinity Open Afternoon on Sunday 26 May at 2.30pm**, and will be celebrating the life of the writer Ronald Blythe.

News and views from around the Community . . . (continued)

Wrentham Chapel

Drive-It Day at Wrentham Chapel

On Sunday 21st April, folk out and about in Classic Vehicles will be welcome to call in for a Pit Stop at historic Wrentham Chapel. Light refreshments and 'facilities' will be available between 10.00 and 4.00, with informal transport related worship, for a short while, at 3pm.

Anyone is welcome to drop by to view the chapel and vehicles. Details Sue 07771 882738.



SINGING IS GOOD FOR YOU!

**WOULD YOU LIKE TO JOIN
SOUTHWOLD AND REYDON CHORAL SOCIETY?**

In September we begin work on our Christmas concert

Musical Director

VETTA WISE

Accompanist

ALISON EVANS

Why not come along and see if you would like
to join our friendly group?

Further information call: 01502 725400

or message 07932355401

or email randsburnett@yahoo.com



PARISH NEWS (...continued)

ST. MARGARET'S CHURCH, REYDON
WANGFORD ROAD, IP18 6PB



We have had a busy Season of Lent at St Margaret's. A team continues to visit Reydon Primary once a month to take assemblies and we are always impressed with the students' behaviour and enthusiastic welcome.

We continue to receive food for our local food bank.

There are now two benches, donated by the Drapers' Company, in the new ashes interment area adjacent to the church car park and they are there for people to sit and rest and find some peace in their busy lives.

Ruth Chapman, who has lived in Reydon all her life, and still lives in the house she was born in, has kindly donated a bench in the churchyard in memory of her families who have all been associated with this village for many years. Come and sit and rest a while.



Everyone is warmly invited to join us for our **Good Friday** and **Easter Day Services**:

- Good Friday, 28 March at 2.00pm for music and meditation to reflect on the day Jesus died.
- Easter Day, 31 March (remember the clocks go forward) at 7.30am on Walberswick Beach or at 9.30am for our Easter Holy Communion Service.

All of our services can be viewed on line on our YouTube Channel. Once you are on YouTube just search for St Margaret, Reydon and you can subscribe for free to find the channel easily in the future.

This month members of St Margaret's Church and friends from other churches and wider afield will be walking the French Camino to Santiago de Compostela, in Spain over 10 days. Rev. Alan will be leading the party, and he is seeking sponsorship in memory of a close friend, Gary Iles, who died of Oesophageal Cancer in October and was due to be on the trip.

If you would like to support OCHRE, a respected charity working to support people with Oesophageal Cancer and also to find treatments to beat this

PARISH NEWS (...continued)

ST. MARGARET'S CHURCH, REYDON

WANGFORD ROAD, IP18 6PB

cancer please go to Rev. Alan's Just Giving page www.justgiving.com/page/alan-perry-1709620409937. Thank you for your generosity.

Be assured of a warm welcome if you come along to any of our services in person or on line. *Rev. Alan*

Ken Harmer

Betty, Zoe and Daniel would like to send heartfelt thanks to everyone who watched and attended Ken's funeral on Wednesday 28th February in St Margaret's Church, Reydon, then onto the Crematorium in Ellough for private cremation. Revd Alan Perry officiated superbly for which we send grateful thanks to him as well. The prayers, love and warmth we received is overwhelming. 42 people attended, with more online of people that could not attend either through illness or distance – we thank you too.

Cafe 51, Southwold, catered wonderfully for everyone with a buffet luncheon in the church room after the service.

Ken will come back to St Margaret's Church in a few weeks' time when he will be laid to rest in the new cremation area in the churchyard.

Betty, Zoe and Daniel Harmer

Christian Aid

Week this year runs from Sunday 12th May until Saturday 18th May.



There will be envelopes available to take from the Church and return to the Church. We will be able to deliver and collect envelopes for anyone who cannot come to Church. Please telephone Janet and John Reaney on 726125 if you require this help.

Janet and John Reaney



Friday 29th March 2024

6pm

Church of Saint Peter and Saint Paul,
Wangford

PARISH NEWS (...continued)

ST. LAWRENCE'S CHURCH, SOUTH COVE
ON B1127, NR34 7JD



At our service in March, church members were pleased to welcome the 'new' Team Rector, The Rev'd Russ Gant to St Lawrence. Russ lead Evensong for us, and following worship, met with all attending, sharing in some tea-time refreshments.

Thank you, Russ, for your ministry to us and we look forward to welcoming you to South Cove again.

Many congratulations to the winners in the March '100 Club' Draw.

1 Roger Middleditch 2 Caroline Barnes 3 John Allport.

Thank you to all those who have paid their subscriptions for this year, April 2024 to March 2025. To date we have raised hundreds of pounds for our wonderful church. We are most grateful to all involved in this fundraiser.

If you would like to support South Cove Church in this way, please contact Sue Puddifoot. 5 Long Acre, Reydon, IP18 6RP 01502 725496. The amount for the year 2024 -2025 is £12 per number. There are spare numbers if you would like to join or have more numbers.

Sue does a wonderful 'job' in recycling all cards (Easter, Christmas, Birthday, general) which are for sale. **All donations** received for the cards are for church funds. Again, an additional help towards church funds and which the church can claim Gift Aid from HMRC. Every little helps. Please contact Sue P for further information. (See details above)

Immediately following the afternoon service of Evensong on Sunday, 21st April, the APCM for St Lawrence Church is taking place. Everyone is welcome to attend and all on the Electoral Roll are entitled to take part. At this meeting, various Officers are elected for the forthcoming year. Arrangements for the annual Flower Festival at the end of July will be outlined. We look forward to seeing you and would welcome your input.

If you wish to advertise in this magazine, please contact:-

Mike Mayhew

Southwold Press - Tel: 01502 723361 Email: info@southwoldpress.co.uk

The Hope Centre, provided by Talitha Koum, is a specialist supported housing facility for women whose lives have been affected by trauma and life events which have increased their vulnerability



The Hope Centre is set in two acres of beautiful Suffolk countryside, providing supported living in 11 en-suite rooms and communal living, kitchen, dining, craft and leisure/learning rooms and facilities

Staff work alongside residents offering informed support to create a recovery pathway plan and encourage women to make choices about their future.

For more information, please do look at our website www.talithakoum.org.uk, or our Facebook page TK - Talitha Koum. If you would like to be added to our database and receive electronic up-dates please contact the office admin@talithakoum.org.uk

If you'd like to give a gift to help with our work, please donate to our bank account 65598337 sort code 08-92-99, or send a cheque to The Hope Centre, Witnesham, Suffolk, IP6 9JE

TWAM

Tools with a Mission

Tools with a Mission is a Christian charity that collects unwanted usable tools, refurbishes them, sorts them into trade tool kits and sends them to the developing world for livelihood creation.

We believe that people suffering from poverty don't just need a financial handout that may allow them to eat for a day, they need a way to consistently earn money and put food on the table every single day. We give them the push that they need to build their own businesses, giving them a sustainable income and putting poverty in the past for good.

Every year, we send around 16 containers filled with over 225 tonnes of tools to local community groups and skills centres, giving these communities the resources to develop a mindset of independence, not reliance.

If you would like to donate some of your old tools, give us a gift, or join our dedicated team of volunteers, visit our website at twam.uk, or give us a call at 01473 210 220.

Find us on : Facebook – [toolswithamission](https://www.facebook.com/toolswithamission) Instagram – [@toolswithamission](https://www.instagram.com/toolswithamission)

Tools with a Mission, 2 Bailey Close, Hadleigh Road Industrial Estate, Ipswich, IP2 0UD Barclays Bank Limited, account number 3319 0994, sort code 20-44-51

PARISH NEWS (...continued)

ST. EDMUND'S CHURCH, SOUTHWOLD
BARTHOLOMEW GREEN, IP18 6JA



CHURCH ORGAN APPEAL

After approaching 150 years of faithful service, our fine late 19th century 'Waker' organ is showing some signs of deterioration. Following investigation into recent recurring problems, our organ builders have recommended a full replacement of the digital control at an estimated cost of between £23,500-£25,000.

The Southwold Trust have agreed to a £10,000 grant towards this work and applications for grants from other relevant charitable bodies are currently being processed. It is hoped that much of the necessary funding will be sourced from these, but any personal donations would, of course, be welcomed and gratefully received. If you feel able to support us donations (both small and great) can be processed through the account details below:

Southwold Parochial Church Council

20-92-08

20828270

Please reference your donation to 'Organ Fund'

If you are a UK taxpayer we can claim gift aid on your donation by contacting our PCC Treasurer at: jill_horne@hotmail.com

Alternatively you can use one of the Gift Aid envelopes in the church marking the envelope ORGAN FUND and depositing this in the donations box.

SOUTHWOLD RAILWAY STEAMWORKS

Miniature Train rides, Shop & Cafe

Spring Open Days 1-4pm:

Sunday 7th April

Sunday 5th May (first regular Sunday of the month)

Sunday 26th May

01502 725422

Blyth Road, Southwold IP18 6AZ (off mini roundabout)



APRIL 2024 – CHURCH SERVICE DIARY

Sunday 7th April – 2nd after Easter

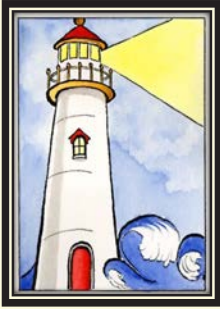
08:00	Southwold	Eucharist (BCP)
09:30	Reydon	Eucharist
09:30	Southwold	Family Service
11:00	Southwold	Eucharist
11:15	Walberswick	Eucharist
11:15	Wangford	Eucharist
18:00	Blythburgh	Choral Evensong
18:00	Uggeshall	Evensong

Sunday 14th April – 3rd after Easter

08:00	Reydon	Eucharist (BCP)
09:00	Reydon	Eucharist & APCM
09:30	Southwold	Family Eucharist
11:15	Bylthburgh	Eucharist
11:15	Wangford	Eucharist
17:00	Walberswick	Choral Evensong
18:00	Southwold	Choral Evensong
18:00	Uggeshall	Evensong

Sunday 21st April – 4th after Easter

08:00	Southwold	Eucharist (BCP)
09:30	Reydon	Eucharist
09:30	Blythburgh	Morning Prayer
09:30	Southwold	Messy Church
09:30	Sotherton	Eucharist
11:00	Southwold	Eucharist
11:15	Walberswick	Eucharist
11:15	Wangford	Eucharist
15:00	South Cove	Evensong + APCM
18:00	Uggeshall	Evensong



Sole Bay's Little Lights

(pull out pages for children)


What would you think of if I said 'April' to you? I wonder if you would think of April showers. April makes me think about the 'Drip Grip Drop Little April Showers' song from the film, Bambi.



There is a story in the Old Testament of the Bible about Elijah. God wanted to show His power to the people, and He used Elijah to do it. God sent rain when Elijah prayed for rain after a long drought.

And, of course, there was a lot of rain in the story of Noah and the Ark. It rained for 40 days and 40 nights.

Rain can stop us from doing some things, like playing outside, but we need rain.



Think of all the things we need rain for. Write a prayer thanking God for rain.

Bible Bite

A short story from the Bible

It can be read in the Bible in Genesis chapter 6:9 to 9:17.

Everywhere God looked, people were hurting others, fighting, lying, cheating and stealing. Only Noah was good.

I'm going to send a flood to get rid of the bad people



You must build a big life raft



So Noah built the life raft to God's plan - a huge box with a roof and a door



He got the animals ready to go on board with all their food.



All the animals, all the food and all Noah's family were packed on board...

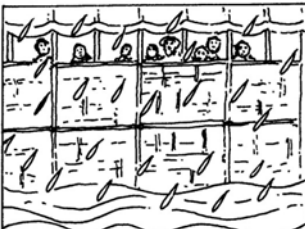


..and God closed the door.

The rain began to fall

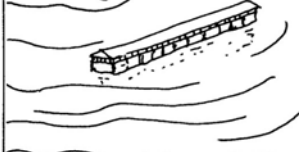


for 40 days and nights



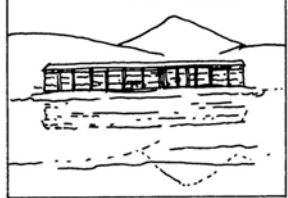
but the life raft floated.

The flood continued for 150 days



then began to go down

The life raft grounded near Mount Ararat



Noah sent a raven to look for dry land, but it came back



so he sent a dove to look.

The second time it came back with a leaf.



Trees are growing again - we can get out!

I am your God and you are My people.



Why not make your own rainbow. You could make



a collage...



a cookie...

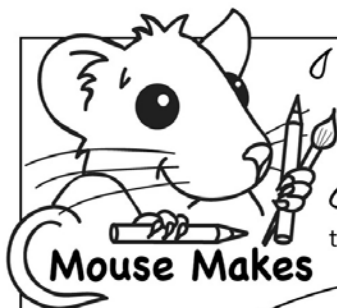
handprints...



or Lego.



The rainbow is an sign of God's loving care for the world He has made. It means that God will not destroy the Earth with a flood again.



It rained and it rained, for forty days it rained until a great flood covered the earth. Only Noah and his family and two of every living creature were still alive, safe in the great ark that God had instructed Noah to build. When the flood went down Noah came out of the ark, praised God and built an altar to the Lord.

READ Genesis 6 - 9

Why did God save Noah?

What did God promise Noah?



R A I N B O W
 S A R K B I G O D
 R K I A H U R M R O G
 W O Y N R A I D O L O R D
 C N O A H A M L S U D R Y O D
 Y O O F J A T A D H N G R A V E N
 W V T W O J A P H E T H E L E S L
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 E A W O O D G R O U N D S R A O I
 R N F O R T Y D A Y S E V E N Y N
 G T I D O L I V E L E A F F L O O D

GOD • NOAH • SHEM • HAM • JAPHETH • DESTROY • ARK • BUILD • TAR • WOOD • ROOF
 DOOR • ANIMALS • BIRDS • SEVEN • TWO • FOOD • SKY • WIND • RAIN • EARTH
 FORTY DAYS • WATER • FLOOD • WORLD • MOUNTAINS • ARARAT • DRY • GROUND
 RAVEN • DOVE • OLIVE LEAF • ALTAR • SACRIFICE • LORD • COVENANT • RAINBOW



Sunday 28th April – 5th after Easter

08:00	Reydon	Eucharist (BCP)
09:30	Reydon	Café Church
09:30	Blythburgh	Eucharist
09:30	Southwold	Family Service
11:15	Walberswick	Family Service
11:15	Wangford	Family@Church
18:00	Southwold	Choral Evensong
18:00	Uggeshall	Eucharist (BCP)

Unless otherwise state, services are from Common Worship
Services will be live streamed via YouTube from St. Margaret's Reydon.

MIDWEEK SERVICES FOR APRIL

Please note that there are no midweek service during the first week of April.

After that, services are as follows:

18:30	Tuesday	Reydon Eucharist
08:45	Wednesday	Reydon Morning Prayer
10:00	Wednesday	Walberswick Eucharist
10:00	Thursday	Southwold Eucharist
20:30	Thursday	Blythburgh Evening Prayer via Zoom
16:00	Friday	Southwold Evening Prayer

For articles and contributions,
please send in your copy to:-
solebaymag@gmail.com
Deadline is 10th of each month.



Dietrich Bonhoeffer, Lutheran pastor and martyr

Standing up to tyrants, no matter what the cost. That kind of courage has been in the headlines since the war in Ukraine began, as many brave people have defied Putin's oppression.

Dietrich Bonhoeffer did not have Putin to contend with, but Hitler. Bonhoeffer did not back down either, when the time came.

Bonhoeffer grew up with no thought of ever defying the leader of Germany. Nothing could have been further from his mind or background. Born at Breslau in Silesia (now the Polish city of Wroclaw) in 1906, Bonhoeffer was the son of an academic. In 1912, his father was appointed to be Professor of Psychiatry and Neurology at Berlin university, and so the family moved to Berlin.

Bonhoeffer never even considered going into politics. Instead, he studied theology in Tubingen, Berlin and New York, before returning to Berlin as a lecturer in theology in 1931.

But though Bonhoeffer did not chase political trouble, it soon came to him. For on 30th January 1933 Adolf Hitler, leader of the National Socialist German Workers' Party, had come to power. His totalitarian approach left no room for anyone in public life to disagree with him. Including anyone in the two major churches - Lutheran and Catholic.

But Bonhoeffer refused to be compliant, and joined the Confessing Church, which had formed in opposition to the takeover of the Lutheran Church. The Confessing Church also opposed Hitler's attempts to force antisemitism on the church and society.

Bonhoeffer was in America when war broke out in 1939, but he returned to Germany. He said: "I shall have no right to participate in the reconstruction of Christian life in Germany after the war, if I do not share the trials of this time with my people."

Back in Germany, he joined the underground anti-Nazi opposition and worked hard to oppose Hitler. In 1943 he was arrested and imprisoned at Tegel prison in Berlin. The involvement of many of his contacts in the July 1944 plot to kill Hitler may well have sealed his fate. He was finally moved on to Flossenberg concentration camp.

In April 1945, as American troops were approaching the camp, Bonhoeffer was hanged. The last words of this brilliant and courageous 39-year-old opponent of Nazism were: "This is the end - for me, the beginning of life."

Bonhoeffer left a great legacy behind him. His writings, and especially his Letters and Papers from Prison, have inspired many trying to make sense of persecution and needless suffering. His 1937 book *The Cost of Discipleship* is described as a modern classic.

PARISH NEWS (...continued)

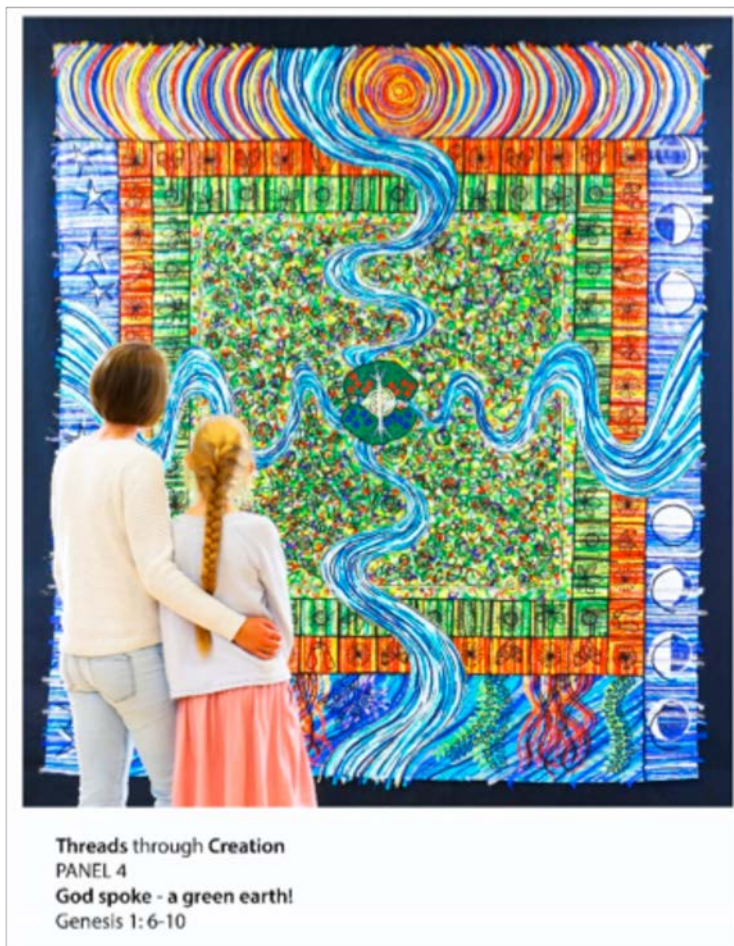
ST. ANDREW'S CHURCH, WALBERSWICK

THE STREET, IP18 6UZ



The church is delighted that they have been awarded the bronze level Eco Church Award. We would like to thank Revd Judy and her husband, Alan, for all they have done working with us to achieve this. This includes making and installing bird boxes in the churchyard, one on a holly tree, the other on a cherry tree, as well as for Alan's advice and for creating our graveyard analysis as part of the Eco Church initiative.

Our April All-age Service, as part of our Threads Through Creation – Creation Matters series, will be held by the allotments behind the village hall and is on the theme of A Green Earth. If anyone has a favourite hymn on the theme of creation from the earth, please let Stephanie or Rev Judy know.





THE CHURCH OF ST PETER AND ST PAUL
WANGFORD

TUESDAY, APRIL, 23, 2024, 3 PM

Virtute et valor

*Stories and music from
the ancient kings of Bohemia*

*Prepared by Jana Konvalinková
and Christopher Muffett*



THE BOHEMIAN CHOIR

PARISH NEWS (...continued)

ST. PETER AND ST. PAUL'S CHURCH, WANGFORD
CHURCH STREET, NR34 8RR



As we enter April, we have just finished Holy Week with a series of services across our team of churches.

As well as celebrating Easter Sunday in church on 31st March, we also welcomed the Blythburgh singers to our church for an evening of music and readings on Good Friday.

Thank you to director Ellis Bell, the singers and to Sue Taylor for helping with the music and we hope everybody enjoyed the event.

A note for your diaries is a visit by the **Bohemian Choir** who will be singing in church on **Tuesday 23rd April at 3.00pm**.

It promises to be an afternoon of great singing and music, and everybody is welcome to attend this free event (see poster on page 18.)

They are also singing at Holy Trinity Church, Blythburgh on 22nd April at 1.00pm, see poster on page 6.

The monthly **coffee morning** will take place in church on **17th April at 10.30am**. As usual, there will be tea, coffee and cakes, as well as a raffle and the monthly draw of the Wangford 100 club.

If you haven't been, it is always a lovely morning, and all are very welcome.

Foodbank – We are grateful to everybody for continued donations for the local foodbank.

Sadly, the foodbank is needed more and more these days, and we are always happy to take more donations of non-perishable food items, which are most gratefully received by the foodbank and their customers.

Summer is now on the way I hope, and if you are interested in helping in the church grounds, please do let us know.

Mark Notton,

578691

OTHER SOLE BAY CHURCHES

**SOUTHWOLD UNITED
REFORMED CHURCH**

**SACRED HEART CHURCH, SOUTHWOLD &
St. EDMUND'S RC CHURCH HALESWORTH**
Contact Details: Fr Christopher Smith - Presbytery
723207

News and views from around the Community . . .

I've Looked At Clouds From Both Sides Now, From Up And Down...

...so sang Joni Mitchell in her well-known song, Both Sides Now.

Have you ever sat and watched the clouds drift by? Some of them are vast, towering up and up into the sky. There can be clouds of discouragement and suffering in our lives as well, circumstances that temporarily blot out the sunlight of God's love for us. You may have such



a cloud hanging over your life right now. You may be in a hospital bed, or suffering discouragement, fear, despair or bereavement.

Have you ever noticed that sometimes, when you board a plane, the sky is like a thick grey ceiling? It looks impenetrable. But the plane does not hesitate - it climbs steadily onward and upward straight into the cloud. And what happens? Nothing! The cloud cannot block your progress, it must give way before you.

The simple truth is, you may not be able to see through clouds, but you can go through them. The plane uses navigational aids for guidance, and we have the Holy Spirit to guide us through the darkest times. And finally, we emerge through the cloudbank, and there before us is a sun-drenched sky of blue and golden glory, far above the dismal and disappointing things far below.

Whatever cloud is hanging over you at present, whether suffering, discouragement, fear, there IS something you can do about it NOW. Pray – pour out your heart to the Lord about it. He has promised that His grace will be sufficient for anything that we encounter in this life.

News and views from around the Community . . . (continued)



God did extraordinary things around the world through Operation Christmas Child in 2023! We praise Him that 11.3 million shoeboxes were packed worldwide during last year's collection season. That means millions of children will now hear the Gospel of Jesus Christ and be disciplined in 2024!

We invite you to explore some of 2023's highlights in our Special Report and get a glimpse of just how God expresses His love through simple shoeboxes. You're sure to enjoy discovering some dynamic stories, including how shoeboxes led to several new churches being started in a remote region of Madagascar that was previously hostile to Christianity.

We are grateful for your partnership through faithful prayers, packed boxes, volunteer hours, and other support.

Let's continue to *"declare His glory among the nations"* (Psalm 96:3).



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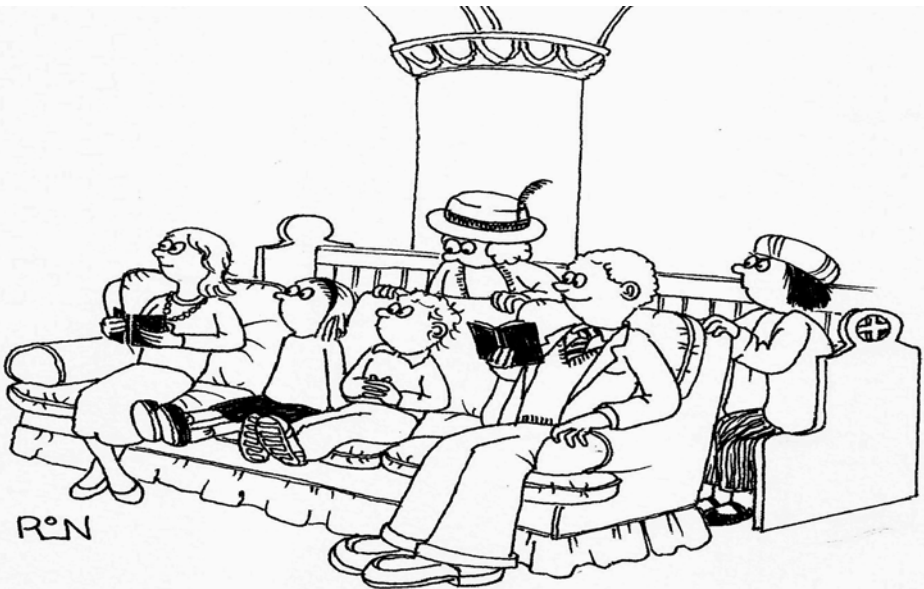
Food Bank Donations

Please continue to donate food to the Lowestoft Food Bank. This can be done by leaving food with John & Jan Collins, 19 Lakeside Park Drive, Reydon or phone 01502 725731.

If anyone, who is in need, and would benefit from a food parcel please contact the Lowestoft Food Bank (01502 586216) or the Voluntary Health Centre in Southwold (01502 724549).



Police? This is St Mary's Ladies' Knitting & Vigilante Circle. We've detained two gents trying to nick the church silver."



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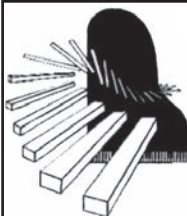
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PCC Secretary & Treasurer – Jenny Allen (478314);
Church Bookings – Jenny Allen (478314); Tower Correspondent – Peggy Meredith (478580);
Safeguarding Officer - Jenny Allen (478314) jennyanddick@aol.com

Church of St. Margaret, Reydon – Wangford Road IP18 6PB

Churchwardens – Jan Collins (725731); PCC Secretary – Barbara Herman (07791 401163);
PCC Treasurer – Ian Catterall (07920 105018); Tower Correspondent – Peter Doy (723927);
Safeguarding Officer - John Collins (725731) j.r.collins75@outlook.com

Church of St. Andrew, Sotherton – East of village sign on A145 NR34 8ES

Churchwardens – Gerard Walker (01986 874248), Stephen Flaxman (01986 873123)
PCC Secretary – Karen Flaxman (01986 873123) flaxmanwhitehousefarm@gmail.com;
PCC Treasurer – Jane Walker (01986 874248); Safeguarding Officer - Sue Taylor (578408)
suethe music@gmail.com

Church of St. Lawrence, South Cove – On B1127 NR34 7JD

Churchwardens – Alison Evans (675610) alisonevans195@gmail.com;
Caroline Barnes (450671) carolinebarnesengland@yahoo.co.uk
PCC Treasurer & Safeguarding Officer - Alison Evans (675610) alisonevans195@gmail.com

Church of St. Edmund, Southwold – Bartholomew Green IP18 6JA

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Director of Music – Victor Scott (723775); Tower Captain – Kate Assmann (722600);
Verge – Joan Goldsmith (722422/724696);
Safeguarding Officer - Carolyn Kerr (07849 870125) Caro.s.kerr@gmail.com

Church of St. Mary, Uggheshall – Wangford Road NR34 8BD

Churchwarden & PCC Secretary - Clare Palmer (578679); Churchwarden & PCC Treasurer –
Giles Crisp (578251); Safeguarding Officer - Sue Taylor (578408) suethemusic@gmail.com

Church of St. Andrew, Walberswick – The Street IP18 6UZ

Churchwardens – Penny Buncombe (722359); PCC Secretary – Jacki Neeves (722556);
PCC Treasurer – Kevin Murphy; Safeguarding Officer - Joanna Saunders (07511 013829)
Joannahoare008@hotmail.com

Church of St. Peter and St. Paul, Wangford – Church Street NR34 8RR

Churchwardens – Mark Notton 578691 markn.church@gmail.com;
Jeff Bridges jeffreybridges55@gmail.com; PCC Secretary – Edna Utting;
Safeguarding Officer - Judith Bridges (578208) jabridges1@gmail.com

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St Margaret's Reydon	Lorraine Stephenson	07867 513078	stephensonlorraine55@gmail.com
St Andrew's Sotherton	Karen Flaxman	01986 873123	flaxmanwhitehousefarm@gmail.com
St Lawrence's South Cove	Alison Evans	675610	alisonevans195@gmail.com
St Edmund's Southwold	Lin Le Versha	722111	linleversha@hotmail.com
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Where telephone numbers have no area code, please precede with (01502)

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